This year at Chongming Junior High, all the 7th graders have English sewing classes. Luckily, we also have a Chinese teacher to help us when we don’t understand. In class, we learn the benefits of sewing, the names of sewing tools, and four different sewing stitches.

Every time I come to class, I need to remember to bring all my sewing tools to class. I always need to make sure that I bring a pair of scissors, an extra needle, a ruler, and my material kit.

On the first day, we learn the benefits of sewing. There are nine benefits, but here are just a few. Hand sewing is a lifelong skill. It helps us save money, build patience, and much, much more. We often practice naming the hand sewing tools in English.

Here are some examples:

When I sew, I need to use a needle.

I can choose different color threads to sew.

I need to use a seam ripper to remove the stitches.

To cut thread or fabric, I can use a pair of scissors.

The four stitches we learned are the running stitch, back stitch, blanket stitch, and sewing a button. Sewing is a lot of fun and it helps build my confidence. I hope I can improve my English and my sewing skills in the future.