



班級：

姓名：

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A Short Walk Can Keep You Healthy



Vocabulary

1. control _____

3. blood _____

2. minute _____

4. healthy _____



Question

() 1. What is a good idea after eating?
(a.) Jumping on the bed
(b.) Swimming in Sun Moon Lake
(c.) Taking a short walk

() 2. Why does sugar do for our body?
(a.) It gives us energy
(b.) It makes us cry
(c.) It makes us hungry

() 3. How long do you need to walk after eating?
(a.) Maybe just 2-minutes!
(b.) Maybe 4 or 5 hours
(c.) About 90 minutes

Teacher 1