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| Is Shark Fin Soup Really Good? |
| Having a bowl of shark fin soup at a banquet has been a part of Chinese culture for centuries. Many people think the soup is delicious, healthy, and an expensive treat, so having it on the dining table makes the banquet appear really great. However, is shark fin soup as wonderful as its lovers think? 　　In truth, shark fin does not have any special flavor. When cooks prepare it, they have to add lots of other ingredients, like chicken soup, to make the final dish taste good. It takes a lot of time and work just to make a bowl of soup. |  | Besides, shark fin isn’t really good for one’s health. When you have it, you are also taking in some of the pollution from the world’s oceans, so it will surely have some bad side effects. Sadly, there are now fewer sharks because of overfishing, so nature is out of balance and the sea life suffers. 　　The next time someone tries to give you shark fin soup, think of your health and that of the planet and just say no. After all, there are a lot of other delicious and healthy foods on Earth, aren’t there?  |