

This is the Color Monster.

Today he woke up feeling confused, and he doesn't know why.



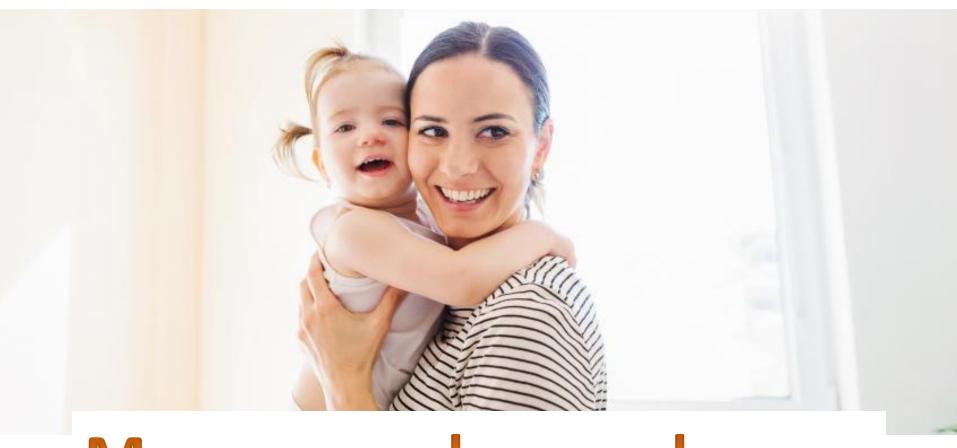
How do you feel?

Are you all mixed up again, Color Monster?







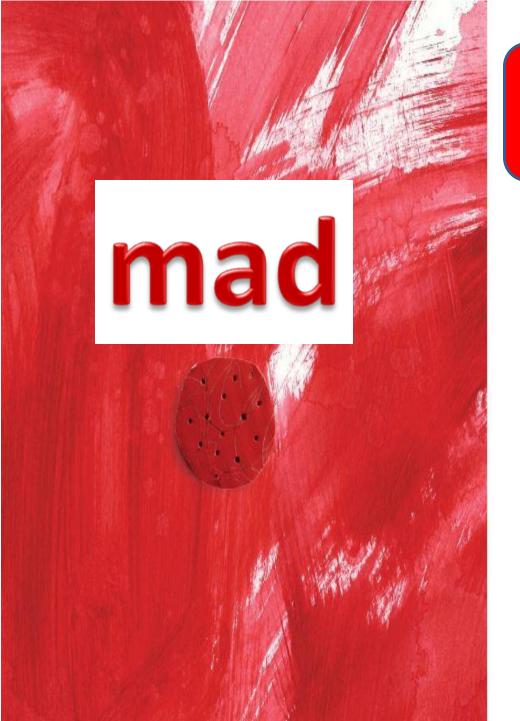


Mommy makes me happy.









## I feel mad!



When you're angry, life can feel unfair.





My brother makes me mad.









Spiders make me scared.





## calm















Don't BE SAD!







https://www.youtube.com
/watch?v=d-diB65scQU
Don't Worry. Be happy.

https://www.youtube.com
/watch?v=dOkyKyVFnSs
Inside Out – Guess the
feeling

